

Acetaminophen (Tylenol) Dosing Information

Give every 4-6 hours, as needed, and not more than five times in 24 hours unless directed by a health care professional.

Weight	Age	Infant Oral Suspension: Concentration 5 mL = 160mg	Children's Suspension 1 tsp (5 mL) = 160 mg	Children's Chewables 1 tablet = 160mg	Adult Tablet 325mg	Adult Tablet 500mg
6-11 pounds	0-3 months only to be given if directed by a health care professional (see above)					
12-17 pounds	4-11 months	2.5 mL	2.5 mL			
18-23 pounds	12-23 months	3.75 mL	3.75 mL			
24-35 pounds	2-3 years	5 mL	5 mL	1 tablets		
36-47 pounds	4-5 years		7.5 mL	1.5 tablets		
48-59 pounds	6-8 years		10 mL	2 tablets	1 tablet	
60-71 pounds	9-10 years		12.50 mL	2.5 tablets	1.5 tablets	
72-95 pounds	11 years		15 mL	3 tablets	2 tablets	1 tablet
95+ pounds		20ml 4 (tsp)	20ml 4 (tsp)	4 tablets	2 tablets	1 tablet

Ibuprofen (Advil or Motrin) Dosing Information

Give every 6-8 hours, as needed, and not more than four times in 24 hours unless directed by a health care professional.

Weight	Age	Infant Drops 1.25 mL = 50 mg	Children's Liquid or Suspension 5.0 mL = 100 mg	Children's Tablets 1 tablet = 50 mg	Junior Strength 1 tablet = 100 mg	Adult Tablet 200mg
under 11 pounds	less than 6 months					
12-17 pounds	6-11 months	1.25 mL				
18-23 pounds	12-23 months	1.875 mL				
24-35 pounds	2-3 years		5 mL	2 tablets		
36-47 pounds	4-5 years		7.5 mL	3 tablets		
48-59 pounds	6-8 years		10 mL	4 tablets	2 tablets	1 tablet
60-71 pounds	9-10 years		12.5 mL	5 tablets	2.5 tablets	1 tablet
72-95 pounds	11+ years			6 tablets	3 tablets	1.5 tablets
96+ lbs			20ml (4 tsp)	8 tablets	4 tablets	2 tablets

Diphenhydramine (Benadryl)

Dosing Chart for Benadryl, Diphenhydramine

Use single ingredient medications only. Use weight if known.

Benadryl can help reduce your child's symptoms during an allergic reaction. Benadryl, which is also available as generic Diphenhydramine, is an over-the-counter antihistamine for use during allergic reactions. Benadryl dosing is based on weight and not age.

The following chart can help determine the correct dose for your child based on your child's weight, but is no substitute for your doctor's advice, and you should always call the pediatrician if you have any questions. Benadryl is available in liquid, chewable and tablet forms. Chewable may be a choking hazard and are not recommended for children under 18 months.

Use the following tips to keep your child safe and avoid overdosing:

- Benadryl is also a sedative and care must be taken not to overdose your child. If the listed dose makes your child too sleepy, you may need to decrease the amount of medicine given in each dose.
- Give every 6 hours as needed, or as recommended by your pediatrician. Do not exceed four doses in 24 hours.
- Do not give Benadryl to children under 1 year without calling your pediatrician first. Always call pediatrician if child under 1 year old is having an allergic reaction.
- Do not give Benadryl for colds; it has no proven benefits.
- Always read the label first, since different medicines have different concentrations.
- Always use the measuring device (dropper or measuring cup) that comes with the medication or you could risk overdosing.
- Never use droppers from different medications or spoons from the kitchen. Remember, 1 level teaspoon (tsp) equals 5ml and that 1/2 tsp equals 2.5ml.

If your child is flushed, coughing, drooling or having difficulty breathing call 911 and proceed to the nearest emergency room.

Diphenhydramine (Benadryl) Dosing Information

Give every 4-6 hours, as needed, and not more than four times in 24 hours unless directed by a health care professional.

Weight	Benadryl Liquid 12.5 mg = 5 mL 5 mL = 1 teaspoon	Benadryl Chewable 12.5 mg	Benadryl Capsules 25 mg	Benadryl Quick Dissolve Strips 25 mg
22-32 pounds	3.75 mL			
33-43 pounds	5 mL	1 chewable		
44-54 pounds	7.5 mL	1 1/2 chewable		
55-109 pounds	10 mL	2 chewable	1 capsule	1 strip
110 pounds and up		4 chewable	2 capsules	2 strips